

ICP is committed to exceeding our customers' and employees' expectations through quality health-care service,

ICP is committed to **exceeding** our customers' and employees' **expectations**

continuous education, and effective communication. ICP is committed to exceeding our customers' and employees'

through quality health-care service, continuous education, and **effective** communication.

expectations through quality health-care service, continuous education, and effective communication. ICP is committed

ICP is **committed** to exceeding our customers' and employees' expectations

to **exceeding** our customers' and employees' expectations through quality health-care service, continuous education,

through **quality** health-care service, continuous education, and **effective**

and effective communication. ICP is committed to exceeding our customers' and employees' expectations through

communication. **ICP** is committed to **exceeding** our customers' and

quality health-care service, continuous education, and effective communication. ICP is committed to exceeding our

employees' **expectations** through **quality** health-care **service**, continuous

customers' and employees' expectations through quality health-care service, continuous education, and effective

education, and effective communication. **ICP** is **committed** to **exceeding**

communication. ICP is committed to exceeding our customers' and employees' expectations through quality health-care

our customers' and employees' **expectations** through quality health-care

service, continuous education, and effective communication. ICP is committed to exceeding our customers' and

**service**, continuous **education**, and **effective** communication. ICP is

employees' expectations through quality health-care service, continuous education, and effective communication. ICP is

**committed** to exceeding our customers' and employees' expectations through quality

committed to exceeding our customers' and employees' expectations through quality health-care service, continuous

health-care **service**, continuous education, and **effective** communication. ICP is

education, and effective communication. ICP is committed to exceeding our customers' and employees' expectations

**committed** to exceeding our customers' and employees' expectations

through quality health-care service, continuous education, and effective communication. ICP is committed to **exceeding**

through **quality** health-care **service**, continuous education, and **effective**

our customers' and employees' expectations through quality health-care service, continuous education, and effective

communication. **Education & Video Guide**

communication. ICP is committed to exceeding our customers' and employees' expectations through quality health-care

**ICP** is committed to **exceeding** our customers' and employees'

service, continuous education, and effective communication. ICP is committed to exceeding our customers' and

**expectations** through quality health-care **service**, continuous

employees' expectations through quality health-care service, continuous education, and effective communication.

education, and **effective communication.**



# Content

<b>Part I – Continuing Education Programs.....</b>	<b>1</b>
Delve Deeper into Ohio Nursing Law: Safeguarding Your Practice.....	1
Skin Tears: A ‘Little’ Rip Can Be a ‘Big’ Problem.....	1
Can Your Facility Afford HAI’s?.....	1
UTI’s in LTC: Stop Passing the Bug .....	2
Differentiating the Nursing Process .....	2
Chronic Wound Differentiation.....	2
<b>Part II -- In-service Programs.....</b>	<b>3</b>
Colostomy Care: Sticking to the Facts.....	3
The Art of Observation.....	3
Infection Control and Blood Borne Pathogens.....	3
Seasonal Illness .....	4
Take A Drink .....	4
The Effects of Aging.....	4
Colostomy .....	4
Aging and Illness.....	4
Brushing Up on Oral Care and Assessment.....	4
TPN.....	4
Peritoneal Dialysis .....	4
Respiratory Care programs .....	5
Airway Management.....	5
BiPAP/CPAP .....	5
Oxygen Therapy .....	5
Respiratory Diseases .....	5
Respiratory Infections .....	5
Tracheostomy Care .....	6
<b>Part III – Video Library .....</b>	<b>7</b>
Assessment .....	7
Enteral Feeding Tubes: A Guide for Nurses .....	7
Tardive Dyskinesia Monitoring and DISCUS.....	7
MMSE Instructional Video .....	7
Administration of the AIMS Examination.....	8

IV Care & Maintenance .....	8
Administering Peripheral IV Therapy .....	8
Medication Administration .....	8
Passing Medications: ASCP’s Medication Administration Video Series .....	8
Patient Care .....	8
Diabetes Type 2: Making a Difference .....	8
Diabetes in Long-term Care: An In-service Program Series .....	9
Diastat Administration Instructions .....	9
Getting Started with Your New EpiPen .....	9
APIC Educational Modules for the Prevention of Nosocomial Infections .....	9
Cover Your Cough .....	9
Skin: The Vital Organ .....	9
Immediate Jeopardy: Are You Prepared .....	10
Diabetes in the Long-term Care Setting .....	10
Administering Lantus® Using the Lantus® SoloSTAR® Pen .....	10
Safety .....	10
CNA Training Solution Video: Safe Lifts, Transfers, and Mobility Assists .....	10
Wandering... Is it a Problem? .....	10
Hey, Help Me Here! An Overview of Behavior Management Principles .....	10
<b>Part IV - CPR .....</b>	<b>11</b>
Emergency Cardiovascular Care Programs .....	11
Basic Life Support (BLS) Healthcare Provider Course .....	11
Basic Life Support (BLS) Healthcare Provider Renewal Course .....	11
Basic Life Support (BLS) Instructor Course .....	12
Community CPR Course .....	12
Heartsaver® First Aid Course .....	13
Heartsaver® Pediatric First Aid Course .....	13

## Part I – Continuing Education Programs

Continuing education programs consist of planned instruction at a more advanced level, providing licensed nurses with continuing education (CE) credit as required for licensure renewal.

Planners and the speakers for these events disclose they are employees of a commercial entity; they agree to present a fair & unbiased program. There is no commercial support or sponsorship for these programs.

### Delve Deeper into Ohio Nursing Law: Safeguarding Your Practice

**(OLN-S-1443-12)     \$     Expires 2/22/2017**

The purpose of this activity is to promote safe nursing practices in compliance with Ohio law.

**Target Audience: Nurses**

**Program Length: 60 minutes of Category A (Law & Rules)**

**Criteria for completion:** Successful program completion requires 100% attendance and turning in a completed evaluation form to receive certificate.

### Skin Tears: A ‘Little’ Rip Can Be a ‘Big’ Problem

**(OLN-S-1539-13)     \$     Expires 5/10/2018**

The purpose of this program is to educate long-term care nurses on the anatomy & physiology, classification, and current interventions for the prevention and treatment of skin tears.

**Target Audience: Nurses**

**Program Length: 60 minutes**

**Criteria for completion:** Successful program completion requires 80% attendance and turning in a completed evaluation form to receive certificate.

### Can Your Facility Afford HAI’s?

**(OLN-S-1652-15)     \$     Expires 2/24/17**

The purpose of this program is to educate long-term care nurses on the etiology & burden of healthcare associated infections in the long-term care population.

**Target Audience: Nurses**

**Program Length: 60 minutes**

**Criteria for completion:** Successful completion requires attendance at 80% the one-hour program and completing an evaluation. Attendance verified through a sign-in sheet.

## UTI's in LTC: Stop Passing the Bug

(OLN-S-1653-15)     \$     2/25/2017

The purpose of this program is to educate long-term care nurses on the etiology, transmission, & current pharmacologic & non-pharmacologic treatment recommendations for Healthcare Associated Urinary Tract Infections and Catheter-associated UTI's.

**Target Audience: Nurses**

**Program Length: 60 minutes**

**Criteria for completion:** Successful completion requires attendance at 80% the one-hour program and completing an evaluation. Attendance verified through a sign-in sheet.

## Differentiating the Nursing Process

(OLN-S-1651-15)     \$     Expires 2/23/2017

(provides 1 contact hour of Category A-Law & Rules)

The purpose of this program is to educate long-term care nurses on the legal aspects of RN & LPN nursing practice.

**Target Audience: Nurses**

**Program Length: 60 minutes**

**Criteria for completion:** Successful completion requires attendance at the entire one-hour program and completing an evaluation. Attendance verified through a sign-in sheet.

## Chronic Wound Differentiation

(OLN-S-1550-14)     \$     Expires 5/11/2018

The purpose of this program is to educate long-term nurses on differentiating chronic wounds in accordance with standards of practice and regulations.

**Target Audience: Nurses**

**Program Length: 60 minutes**

**Criteria for completion:** Successful completion requires attendance at 80% of the one-hour program and completing an evaluation. Attendance verified through a sign-in sheet.

## Part II -- In-service Programs

ICP can assist with in facility in-servicing on many topics. In-service education consists of instruction to assist with staff training in the work setting. It is designed to maintain or increase competency to promote compliance with institutional policies and procedures, demonstration of new equipment, explanation of procedures, and practice of previously learned skills. A two week notice and discussion concerning your specific needs is required. Program length varies from 15 minutes to 1 hour, please call ext. 132 for details

### Colostomy Care: Sticking to the Facts

What is a colostomy? How does it work? How do I care for a colostomy? These are many of the questions caregivers are concerned about every day. This program will answer these questions and offer ideas and suggestions for colostomy care.

**Target Audience: All staff**

**In-service Length: 30 -60 minutes**

### The Art of Observation

Resident observation is a key component in the assessment process. This program is geared toward STNA's and their role in this process. It is entwined around the Ohio Department of Health's Nursing Assistant curriculum by encouraging active participation, and utilizing scenarios to problem solve. So come, learn to utilize your five senses, which will enhance your observation skills.

**Target Audience: STNA**

**In-service Length: 30-60 minutes**

The following in-services are related to CMS Guidance for Pharmacy Services and Unnecessary Medications in Long Term Care. The following F-tags are referenced:

F323 – Accidents

F325 – Maintaining Nutritional Status

F332 & F333 – Medication Errors

F329 – Unnecessary Drugs

F406 – Provision of Service

F441 – Infection Control

### Infection Control and Blood Borne Pathogens

Regulatory standards, transmission and protection

Reference: F334, F406 F441

## **Seasonal Illness**

Signs & symptom of common seasonal illnesses rampant in NH and interventions for the prevention of the spread of infections

Reference: F325, F441

## **Take A Drink**

Dehydration and medications that effect elderly

Reference: F325, F406, F441

## **The Effects of Aging**

Overview of physiologic changes and elderly reactions to medications.

Reference: F323, F325

## **Colostomy**

Care of stoma and peristomal tissue in relation to medication, nutrition and dehydration

Reference: F323, F325, F406, F441

## **Aging and Illness**

Physiologic changes and medications that relate to falls, nutrition, unnecessary medications, immunizations, urine incontinence and disease

Reference: F334

## **Brushing Up on Oral Care and Assessment**

Poor oral hygiene linked to disease and result of medication use or misuse

Reference: F325, F406, F441

## **TPN**

Ordering and administration

Reference: F329, F332/333, F406, F441

## **Peritoneal Dialysis**

Reasons and process

Reference: F406, F441

Etiology, physiologic, disease and drug related with treatment interventions

Reference: F323, F325



# Respiratory Care programs

## Airway Management

This program discusses different types of airway management devices and proper application of each. This program also discusses the signs and symptoms of inadequate breathing and breathing difficulty.

**Target Audience: Licensed professional staff**

**In-service Length: 30-60 minutes**

## BiPAP/CPAP

This program discusses the purpose and procedure to using BiPAP and CPAP equipment. The program also explains the set-up and maintenance involved in this type of therapy.

**Target Audience: Licensed professional staff**

**In-service Length: 30-60 minutes**

## Oxygen Therapy

This program discusses the various types of oxygen therapy available and proper usage. Safe handling and storage of oxygen is discussed. Appropriate for licensed and non-licensed professional staff.

**Target Audience: Licensed and non-licensed staff**

**In-service Length: 30-60 minutes**

## Respiratory Diseases

This educational program discusses COPD, including emphysema, asthma, chronic bronchitis, and bronchiectasis. Signs, symptoms, and treatment are addressed. Adult Respiratory Distress Syndrome (ARDS), hypoxia, and aspiration pneumonia are also covered. This program is for licensed and non-licensed professionals.

**Target Audience: Licensed and non-licensed staff**

**In-service Length: 30-60 minutes**

## Respiratory Infections

This program discusses commonly occurring respiratory infections in long-term care, including diagnosis and treatment and infection control practices for prevention and during illness.

**Target Audience: All staff**

**In-service Length: 30-60 minutes**

## Tracheostomy Care

This program discusses the definition and explanation of a tracheostomy. The anatomy of the respiratory system and when a tracheostomy is necessary are covered in depth. Discussion includes suctioning, cannula care, and prevention of complications.

**Target Audience: Licensed and non-licensed staff**

**In-service Length: 30-60 minutes**

## Part III – Video Library

ICP offers a video lending library to assist in meeting our customers' educational needs. The synopsis, target audience and video length are listed to aid in the video selection that best meets your requirements. ICP lends videos for two weeks on the honor system; we request that the video is returned to ICP within two weeks so other customers may also utilize this value added service. Videos not returned to ICP will be billed to the facility. Please contact ICP's Nurse Coordinator at 1.800.228.8278, ext. 132 to inquire about video availability and lending policies.

### Assessment

#### Enteral Feeding Tubes: A Guide for Nurses

**Synopsis:** This disc identifies and describes the usage and care of feeding tubes, including gastrostomy tubes, jejunostomy tubes, and nasogastric tubes. Also discussed are formulas, medication administration, troubleshooting, maintenance, and complications associated with these tubes.

**Target Audience: Nurses**

**Video Length: 29 minutes (DVD)**

#### Tardive Dyskinesia Monitoring and DISCUS

**Synopsis:** This program provides two videos, a manual and DISCUS assessment forms. The video is designed to train nurses and other healthcare professionals to monitor patients for a serious side effect, Tardive Dyskinesia. The rating scale used in this program is the Dyskinesia.

**Identification System: Condensed User Scale (DISCUS).**

**Target Audience: Nurses Video Length: 62:30 minutes (DVD)**

#### MMSE Instructional Video

**Synopsis:** This video discusses the appropriate way to administer the test, including case scenarios for practice. The Mini-Mental State Examination (MMSE) is an aid to the clinical exam of an individual's cognitive mental state. Consisting of a series of questions and tasks, this short simple test provides health care workers a wealth of information.

**Target Audience: Nurses**

**Video Length: 1 hour**

## Administration of the AIMS Examination

**Synopsis:** This disc discusses assessment techniques & results of the AIMS (Abnormal Involuntary Movement Scale) examination, which is useful in monitoring patients for Tardive Dyskinesia, especially those receiving psychotropic or neuroleptic medications.

**Target Audience:** Nurses, social workers

**Video Length:** 1 hour (DVD)

## IV Care & Maintenance

### Administering Peripheral IV Therapy

**Synopsis:** This video provides RN's and IV certified LPN's a sight-and-sound approach to delivering IV therapy safely & efficiently. Highlights include: vein selection, IV insertion, monitoring IV sites, and documentation tips. It helps to sharpen skills with detailed, step-by-step demonstrations, explanations of techniques along with rationales, and vivid animation and graphics.

**Target Audience:** Nurses

**Video Length:** 35 minutes (DVD)

## Medication Administration

### Passing Medications: ASCP's Medication Administration Video Series

**Synopsis:** This video focuses on safe & accurate medication administration practices. Includes handouts & an optional posttest (DVD).

**Target Audience:** All Nurses

**Video Length:** 30 minutes

## Patient Care

### Diabetes Type 2: Making a Difference

This 2-disc series discusses Type 2 Diabetes in depth. Disc 1 discusses definition & pathophysiology, Disc 2 discusses complications.

**Target Audience:** Nurses

**Video Length:** 1 hour each (DVD)

## Diabetes in Long-term Care: An In-service Program Series

Produced in conjunction with the American Medical Directors Association (AMDA), this 6 module disc series discusses the special needs of the geriatric diabetic, including initiation of insulin, recognizing hypo- & hyperglycemia, and elimination of sliding scale insulin.

**Target Audience: Nurses, physicians**

**Video Length: 1 hour (DVD)**

## Diastat Administration Instructions

This disc discusses the proper administration of Diastat rectal gel.

**Target Audience: Nurses, medication aides**

**Video Length: 10 minutes (DVD)**

## Getting Started with Your New EpiPen

This disc provides step-by-step instructions on how to administer EpiPen in case of emergency.

**Target Audience: All staff**

**Video Length: 10 minutes (DVD)**

## APIC Educational Modules for the Prevention of Nosocomial Infections

This disc has four (4) sessions: Central Line-Related Bloodstream Infections (CLAB), Surgical Site Infections (SSI), Ventilator-Associated Pneumonia (VAP), and Healthcare-Acquired Pneumonia (HAP).

**Target Audience: Nurses**

**Video Length: Variable based on sessions viewed (DVD)**

## Cover Your Cough

**Synopsis:** This disc identifies basic infection control practices to prevent the spread of airborne illnesses.

**Target Audience: All staff**

**Video Length: 5 minutes (DVD)**

## Skin: The Vital Organ

**Synopsis:** This four (4) disc series discusses Xerosis, Incontinence, Skin Fold Management, and Skin & Wound Pain from the perspective of STNA's & licensed nurses. When calling to reserve, please state which program & staff members will be attending.

**Target Audience: Nurses, STNA**

**Video Length: 25 to 60 min per session (DVD)**

### **Immediate Jeopardy: Are You Prepared**

**Synopsis:** Presented by the Ohio Health Care Association (OHCA), this disc discusses the ramifications of Immediate Jeopardy citations.

**Target Audience:** Nurses, management

**Video Length:** 1 hour (DVD)

### **Diabetes in the Long-term Care Setting**

**Synopsis:** A staff education and training program to help with diabetes care in your elderly residents.

**Target Audience:** Nurses

**Video Length:** 38:14 (DVD)

### **Administering Lantus® Using the Lantus® SoloSTAR® Pen**

**Synopsis:** Training video for the proper use of the Lantus® SoloSTAR® pen delivery system.

**Target Audience:** Nurses

**Video Length:** 19:53 (DVD)

## **Safety**

### **CNA Training Solution Video: Safe Lifts, Transfers, and Mobility Assists**

**Synopsis:** This video discusses how CNA's/STNA's can protect themselves & their residents by using proper lifting techniques.

**Target Audience:** STNA

**Video Length:** 9:00 minutes (DVD)

### **Wandering... Is it a Problem?**

**Synopsis:** This disc provides an insider's view into a common, but often misunderstood behavior. Includes preventative actions, interventions, & re-direction techniques.

**Target Audience:** All staff

**Video Length:** 14:19 minutes (DVD)

### **Hey, Help Me Here! An Overview of Behavior Management Principles**

**Synopsis:** By putting the person back into the picture, caregivers are empowered to effectively manage challenging behaviors. Learn how to apply these principles in long-term care with this disc.

**Target Audience:** All staff

**Video Length:** 15 minutes (DVD)

## Part IV - CPR

### Emergency Cardiovascular Care Programs

The American Heart Association's (AHA) Emergency Cardiovascular Care (ECC) Programs deliver a dynamic message of hope — the hope of saving lives. New treatments have improved the possibility of survival from cardiovascular emergencies, cardiac arrest, and stroke. Through medical advancements in the treatment of cardiovascular disease and sound training on lifesaving skills, the ECC Programs increase survival rates and quality of life. ICP has been an AHA training center since 2002, offering a variety of healthcare courses. For more information regarding ECC programs, call ICP's Nurse Coordinator at 1.800.228.8278.

#### Basic Life Support (BLS) Healthcare Provider Course

The BLS Healthcare Provider course is designed to provide a wide variety of healthcare professionals the ability to recognize several life-threatening emergencies, provide CPR, use an AED and relieve choking in a safe, timely and effective manner. The course is intended for certified or noncertified, licensed or non-licensed healthcare professionals.

**Location: Your facility**

**Course Length: 4 hours**

**Maximum Class Size: 6**

**Fees: \$250 per class - \$90 for 6 current textbooks (textbooks may be kept in the facility library & loaned to students prior to each class)**

#### Basic Life Support (BLS) Healthcare Provider Renewal Course

This course is designed to meet the renewal certification BLS CPR requirements of Healthcare Providers who have had previous BLS CPR certification and wish to renew without attending a full length course. This course provides a review of core topics and written/skill testing.

**Location: Your facility Course Length: 4 hours**

**Maximum Class Size: 6**

**Fees: \$250 per class - \$90 for 6 current textbooks (textbooks may be kept in the facility library & loaned to students prior to each class)**

## Basic Life Support (BLS) Instructor Course

The Instructor Course is designed to prepare AHA instructors to disseminate the science, skills, and philosophy of resuscitation programs to participants enrolled in AHA courses. There is no question that instructors are the key element in the AHA training network.

The practice of medicine is considered to be both an art and a science. In a similar vein, AHA training involves both "heart" and science. A good instructor is able to teach information and skills and to generate enthusiasm and enlist support of the course goals and objectives, motivating participants to act in emergency situations.

AHA instructors are the best tool the AHA has to fulfill its mission- to reduce disability and death caused by heart disease and stroke. The more skilled instructors the AHA ECC Programs have, the more participants will be trained in CPR and ECC. By increasing the number of bystanders prepared and willing to activate the EMS system and provide CPR, early defibrillation, and advanced life support, the AHA will be able to significantly reduce disability and death from heart attacks, cardiac arrest, and stroke.

**Location: ICP training center**

**Course Length: 2 days**

**Maximum Class Size: 10**

**Fees: \$400 per student, includes core curriculum texts and BLS course video - A \$5 processing fee is assessed for CPR cards issued to students of BLS instructors aligned with ICP.**

## Community CPR Course

Community CPR classes are offered routinely at ICP. This course is designed for non-healthcare professionals, the public, and workplace responders who need CPR, AED, and/or First Aid training.

**Location: ICP training center**

**Course Length: 4 hours**

**Maximum Class Size: 6**

**Fees: \$50 per student, includes textbook**



## Heartsaver® First Aid Course

Heartsaver® First Aid is a classroom, video-based, instructor-led course that teaches students critical skills to respond to and manage an emergency in the first few minutes until emergency medical services (EMS) arrives. Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies.

**Location: Your facility**

**Course Length: 3 ½ hours**

**Maximum Class Size: 6**

**Fees: \$200 per class - \$90 for 6 current textbooks; AHA requires each student to have a textbook**

## Heartsaver® Pediatric First Aid Course

This course is designed to teach a lay rescuer the basics of first aid specific to infants and children in order to provide help until trained rescuers arrive. Appropriate for new parents or those employed in schools or day care.

**Location: Your facility**

**Course Length: 4 – 6 hours Maximum Class Size: Fees:**

**Heartsaver® CPR & AED**

**Location: Your facility Course Length: 4 hours**

**Maximum Class Size: 6**

**Fees: \$200 per class - \$90 for 6 current textbooks; AHA requires each student to have a textbook**

The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS, and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association, and any fees charged for such a course do not represent income to the Association.